

2021 CALIFORNIA HEALTH EQUITY SUMMIT



Healing Communities
Beyond 2020:

Our Health,
Our Culture,
Our Climate

HELD: JUNE 10-11, 2021

 **alameda county**
behavioral health
MENTAL HEALTH & SUBSTANCE USE SERVICES

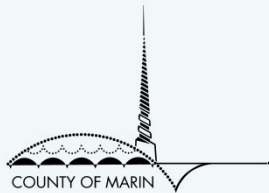
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to Heal Our Communities

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DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Biographies



Corrina Gould (Lisjan Ohlone) is the chair and spokesperson for the Confederated Villages of Lisjan — she was born and raised in Oakland, CA, the village of Huichin. A mother of three and grandmother of four, Corrina is the Co-Founder and Lead Organizer for Indian People Organizing for Change, a small Native run organization that works on Indigenous people issues and sponsored annual Shellmound Peace Walks from 2005 to 2009. These walks brought about education and awareness of the desecration of sacred sites in the greater Bay Area. As a tribal leader, she has continued to fight for the protection of the Shellmounds, uphold her nation's inherent right to sovereignty, and stand in solidarity with her Indigenous relatives to protect our sacred waters, mountains, and lands all over the world.

Her life's work has led to the creation of Sogorea Te' Land Trust, a women-led organization within the urban setting of her ancestral territory of the Bay Area. Sogorea Te' Land Trust works to return Indigenous land to Indigenous people. Based on an understanding that Oakland is home to many peoples that have been oppressed and marginalized, Sogorea Te works to create a thriving community that lives in relation to the land. Through the practices of repatriation, cultural revitalization, and land restoration, the Land Trust calls on native and non-native peoples to heal and transform legacies of colonization, genocide, and to do the work our ancestors and future generations are calling us to do.



Stacey Abrams. Political leader, voting rights activist, entrepreneur and author Stacey Abrams made history and captured the nation's attention as the first Black woman to become the gubernatorial nominee for a major party in any state, going on to win at the time more votes than any other Democrat in Georgia's history. After eleven years in the Georgia House of Representatives, seven as Minority Leader, Abrams became the 2018 Democratic nominee for Governor of Georgia in what was one of the most-watched and closest elections of the year. After witnessing the election's mismanagement by the Secretary of State's office, Abrams launched *Fair Fight* to ensure free and fair elections. The impact of *Fair Fight* led to Abrams being named to the [Forbes list of "World's Most Powerful Women In 2020."](#)

Sought-out to speak everywhere from TED, where her talk has racked up over a million views and counting, to college campuses, to the Commonwealth Club, Abrams is a powerful and passionate speaker heralded for her candid insights on politics, leadership, entrepreneurship, social justice, and being a true force for change. As *TIME* wrote of her, "People tend to remember the first time they heard Stacey Abrams speak, and it's easy to see why." Abrams' *New York Times* bestselling book [Lead from the Outside: How to Build Your Future and Make Real Change](#), is a personal and empowering blueprint for outsiders who seek to become the ones in charge. From her experiences launching a company to running a successful political campaign, Abrams illuminates that finding what you want to fight for is as critical as knowing how to turn thought into action. Her most recent book [Our Time is Now](#) is a blueprint to end voter suppression and chronicles a chilling account of how the right to vote and the principles of democracy have been and continue to be under attack.

Dedicated to civic engagement, Abrams has founded multiple organizations devoted to voting rights, training and hiring young people of color, and tackling social issues at both the state and national levels. A recipient of Harvard's Institute of Politics' John F. Kennedy New Frontier Award, Abrams has also been named a "Public Official of the Year" by *Governing Magazine*.



Moderator: Dr. Brandon Nicholson, Founding Executive Director, The Hidden Genius Project. An Oakland native, Founding Executive Director Brandon Nicholson has always felt a deep sense of commitment to promoting equity in the public realm, particularly in the education space. Previously, he was a Senior Associate at Social Policy Research Associates, where he conducted research, evaluation, and analysis across a range of key social policy areas. Brandon has conducted substantial research in the areas of education and youth development, with a particular focus on issues of equity and access in K-12 education for underserved populations. He has considerable experience investigating linkages among race, class, and youth development.

HELD: Thursday, June 10, 2021

Thursday

| | |
|-------------------|--|
| 9:40am – 9:50am | <p>Virtual Meet and Greet</p> |
| 9:50am – 10:00am | <p>Opening Ceremony Manny Lieras – All National Singers</p> |
| 10:00am – 10:20am | <p>Welcoming</p> <p>Javarré Wilson, MPH, Alameda County Behavioral Health Ethnic Services Manager Karyn L. Tribble, PsyD, LCSW, Director, Alameda County Behavioral Health Care Services Department Colleen Chawla, Alameda County Health Care Services Agency Director Keith Carson, President, Supervisor, Fifth District Percy Howard, III, LCSW, President and Chief Executive Officer, California Institute for Behavioral Health Solutions (CIBHS)</p> |
| 10:20am – 10:30am | <p>Tribute to Janet King: Cora Lee Garcia, MA, MSN—Lumbee Nation</p> |
| 10:30am – 11:30am | <p>Keynote – Corrina Gould, Tribal Chair, Confederated Villages of Lisjan/Ohlone</p> <p>Corrina has helped bring the work of repatriation into public consciousness. A celebrated speaker, Corrina offers protocol, stories, guidance, history, and vision.</p> <p style="text-align: center;">General Session I (9:40am to 11:30am) - Click to view the video</p> |
| 11:30am – 12:00pm | <p>#Elevating Voices</p> <p>a) Diversity—What does this look like <i>Moderator:</i> Rachel A. Harris, JD, Mental Health Specialist II, Alameda County Behavioral Health Care Services Themes Room 1 - Click to view video</p> <p>b) Keeping it 100—How do we support our youth? <i>Moderator:</i> Shannon Singleton-Banks, MPH, Program Services Coordinator, TAY, Alameda County Behavioral Health Care Services Themes Room 2- Click to view video</p> <p>c) Is Health Equity just a buzz word? <i>Moderator:</i> Rochelle U. Collins, MSW, Clinical Psychologist PhD. Trainee, Program Director, Project Eden & Project Eden – East County, A Program of Horizon Services, Inc. Themes Room 3 - Click to view video</p> <p>d) Brave Spaces vs. Safe Spaces <i>Moderator:</i> Dr. Derethia DuVal, Therapist in Private Practice Themes Room 4 - Click to view video</p> |
| 12:00pm – 12:30pm | <p>Lunch</p> |

HELD: Thursday, June 10, 2021, cont.

12:30pm – 1:45pm

Workshops Session(s)

WORKSHOP 1: Behavioral Health Racial Equity Collaborative

Mary Nakamura, Cultural Competence/Ethnic Services Manager & Workforce Education and Training Health Program Manager, Sacramento County Behavioral Health Services

Leslie Napper, Advocacy and Community Engagement Peer Advocate, Disability Rights California

Adèle James, CEO, Certified Professional Coach, Adèle James Consulting, Consultant to CIBHS

Sacramento County Behavioral Health Services, with facilitation support from CIBHS, has initiated a pilot in partnership with African American/Black/African Descent communities to form a Behavioral Health Racial Equity Collaborative (BHREC). Our panel will feature the voices of a consumer advocate involved in this process, one of the BHREC facilitators, and the County lead.

[Workshop 1 - Click here to view video](#)

WORKSHOP 2: Naming Anti-Blackness: The Call to Personal and Professional Development

Dana Stone, PhD, LMFT, Associate Professor, California State University, Northridge

Shyrea Minton, EdD, LPCC, Associate Professor, California State University, Northridge

Deborah Buttitta, PsyD, LMFT, Lecturer, California Family State University, Northridge

Presenters will share their process of navigating anti-Blackness and white supremacy as clinicians, behavioral health educators, and clinical supervisors. The practice of Naming racism will provide a framework for anti-racist practices and racial healing. Participants will engage in reflection of their own experiences and in facilitated dialogue with the group.

[Workshop 2 - Click here to view video](#)

WORKSHOP 3: Healing Collective Trauma Together

LouMeshia Brown, MA, LMFT, Senior Manager, County of Santa Clara Behavioral Health Services Department

Juliana Van Meter, MSW, Program Manager II, The County of Santa Clara Behavioral Health Services Department

Patricia Marquez-Singh, Trauma Informed and Healing Centered Program Manager, Office of Cultural Competency, Division of Equity and Social Justice, County Executive's Office

Healing and addressing collective trauma that the workforce experiences is essential to the health and wellbeing of the organization and the people who are served. Please join us as we explore multi-layered strategies to attend to internal collective trauma in a trauma-informed, racially just, culturally- rooted and healing approach.

[Workshop 3 - Click here to view video](#)

HELD: Thursday, June 10, 2021, cont.

12:30pm – 1:45pm

Workshops Session(s) continued

WORKSHOP 4: Ending the Silence and Stigma Surrounding Suicide in Multicultural Communities

Hufsa Ahmad, MSW, Program Coordinator, Multi-Ethnic Collaboration of Community Agencies (MECCA)

Iliana Soto Welty, Executive Director, Multi-Ethnic Collaboration of Community Agencies (MECCA)

Dr. Miguel Gallardo, Director of Research and Evaluation & Professor of Psychology, MECCA, Pepperdine University

Black, Indigenous, People of Color have largely been unaddressed in suicide prevention efforts. In response, MECCA developed 8 ethnic-specific suicide prevention trainings and campaigns. This presentation will cover our learnings about suicide in BIPOC/LGBTQ communities; discuss culturally-responsive strategies when addressing suicidal clients, and outline steps to create your own ethnic-specific prevention campaign.

[Workshop 4 - Click here to view video](#)

WORKSHOP 5: Mental Health and Substance Use Culturally Responsive Service Provision Through Sexual Orientation and Gender Identity Data Collection

R Anthony (Tony) Sanders-Pfeifer, PhD, Clinical Psychologist, ACBH

Amy Saucier, LMFT, Clinical Review Specialist Supervisor, ACBH

Cammie Duvall, LMFT, QA Clinical Review Specialist, ACBH

We will explore the evidence based (and community-defined) practices for MH and SUD programs to collect Sexual Orientation and Gender Identity/Expression (SOGI/E) data, and how to best document this in electronic health records (EHR). By collecting SOGI/E data clinicians and counselors will be able to: tailor their clinical decision making, to assess health disparities, and to apply relevant cultural healing practices to these diverse cultural groups.

[Workshop 5 - Click to view video](#)

WORKSHOP 6: Healing in Nature: Reclaiming Ancestral Filipinx Roots

Alyssa Marie Gimenez, Graduate Student Researcher, San Francisco State University - Health Equity Research (HER) Lab

The COVID-19 pandemic has exacerbated anti-Asian sentiment, increasing stress for Filipino/a/x individuals that remain understudied. This community-informed project investigates the relationship between stress reduction in nature and telomere length for Filipinx living in San Francisco. The long-term goal is to advance health equity for Filipinx through culturally relevant healing in nature.

[Workshop 6 - Click to view video](#)

Thursday

HELD: Thursday, June 10, 2021, cont.

12:30pm – 1:45pm

Workshops Session(s) continued

WORKSHOP 7: Intergenerational Trauma & Historical Injustices: ‘Serving Community Needs’ through Training & Cultural Strategies for Therapeutic Healing (Native American & Asian American Community Narratives)

Matthew R. Mock, PhD, Independent Practice, Berkeley California & Professor of Psychology, John F. Kennedy School of Psychology, National University, Pleasant Hill, California

Raquel Morris, LCSW, Unit Supervisor, Adult System of Care, Monterey County Behavioral Health

This presentation will help participants enhance clinical work with multicultural communities in multiple ways. First, participants understand how their own experience of loss as exemplified by the presenter informs their clinical work. This includes the past year, 2020 up to the present, mid-year 2021. Second, attendees will gain insight into what it is like to work with children and their parents in context through loss and trauma through dynamic narratives of Native Americans and Asian Americans, including first-hand accounts. Third, the self-of-the-therapist in working effectively focusing on culturally diverse families will be discussed. Fourth, the workshop will generate ideas for facilitating therapeutic healing including traditional Native American and Asian American practices as well as types of rituals with cultural humility to support families in working through trauma and loss. Fifth, the workshop will offer a framework for facilitating strength-based conversations with adult clients, parents, and children about grief. This framework includes ways of inviting cultural themes of ethnicity, gender, social class, immigration status, sexual orientation and faith into these resilience-identifying and strength-based therapeutic strategies.

[Workshop 7 - Click to view video](#)

1:50pm – 2:00pm

Closing

Veronica Kelley, DSW, LCSW, Director, Behavioral Health, San Bernardino County, CBHDA President

[General Session Day I: Closing](#)

[General Session Day I: Closing - Click to view video](#)

Thursday



The cover graphic created by

Jonathan Brumfield
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KemestryLyph

HELD: Friday, June 11, 2021

9:30am – 9:45am

Welcome

Jei Africa, PsyD, MSCP, CATC-V, Director, Behavioral Health and Recovery Services, Marin County, Co-Chair, Cultural Competence, Social Justice and Equity Committee, County Behavioral Health Directors Association of California (CBHDA)

9:45am – 9:55am

Community Healing through Culture – Performance Author: Destiny Arts Center

9:55am – 10:25am

The Impact of the COVID-19 Pandemia on Latino Behavioral Health

Sergio Aguilar-Gaxiola, MD, PhD, Director of the UC Davis Center for Reducing Health Disparities (CRHD)

10:25am – 11:30am

Keynote Speaker – Stacey Abrams, Political leader, Voting rights activist, Entrepreneur and Author

Stacey Abrams is dedicated to civic engagement, founding multiple organizations devoted to voting rights, training and hiring young people of color, and tackling social issues at both the state and national levels.

Moderator: **Dr. Brandon Nicholson**, Founding Executive Director, The Hidden Genius Project

11:30am – 11:40am

“Fiesta Mexicana” Ensemble Folclórico Colibrí Performance, Arturo Magaña

11:40am – 12:10pm

(Re)Defining What It Means to be Asian American in the 21st Century

Jei Africa, PsyD, MSCP, CATC-V, Director, Behavioral Health and Recovery Services, Marin County, Co-Chair, Cultural Competence, Social Justice and Equity Committee, County Behavioral Health Directors Association of California (CBHDA)

Moving through history, this brief presentation intends to highlight key contributions of Asian Americans in the fight for equity and social justice in the US. Dr. Africa will then offer his ideas on cultural shifts that are necessary to create a more loving and equitable future for all.

[General Session Day 2 - Click to view video](#)

12:10pm – 12:30pm

Lunch

12:30pm – 1:45pm

Workshops Session(s)

WORKSHOP 8: Engaging BIPOC Communities in Trauma-Informed Telehealth with Cultural Humility and Responsiveness

Ritchie J. Rubio, PhD, Director of Practice Improvement and Analytics, San Francisco Department of Public Health - Behavioral Health Services

This presentation will highlight the use of trauma-informed and culturally-adapted tools in responding to the behavioral health needs of clients who identify as Black, Indigenous, and People of Color (BIPOC) as they access and engage in services provided through telehealth during this time of the COVID-19, racism, and economic pandemics.

HELD: Friday, June 11, 2021, cont.

12:30pm – 1:45pm

Workshops Session(s) continued

WORKSHOP 9: African Healing Modalities that should not be overlooked in the West

Laina P. Magaya, PM, Principal, Biominuka

Martin G. Magaya, Head of Agricultural Education Dept., Belvedere Technical Teachers College, Harare Zimbabwe

Piwai, Gwenyambra, Piwai Official

Modern health practices and pharma have always been a one size fits all delivery system and riddled with slight biases that have negative, minor or major impact for certain disparate communities. Within the black diaspora, as is gravely exposed by the plight of the COVID-19 pandemic, it is imperative to return to; and maintain African health and medicinal practices that have long served certain cultures; rituals, medicine, botanicals and music therapy.

[Workshop 9 - Click to view video](#)

WORKSHOP 10: Living with Love: Reducing Mental Health Disparities for Migrant Indigenous Communities

Dulce Vargas, Program Manager, Mixteco/Indigena Community Organizing Project (MICOP),

Irisela Contreras, Program Evaluation Coordinator, Mixteco/Indigena Community Organizing Project (MICOP)

Genevieve Flores-Haro, MA, Associate Director, Mixteco/Indigena Community Organizing Project (MICOP)

This presentation provides an overview of mental health and domestic violence challenges confronting Mexican migrant indigenous communities, the implementation of a culturally and linguistically competent Community Defined Practice that understands the community's needs, and an in-depth description of the process and challenges of developing a Community-Based Participatory Research.

[Workshop 10 - Click to view video](#)

WORKSHOP 11: Health Equity in BH and the Role of CHWs & CHCs

Lizbeth Bayardo, Assistant Director of Leadership Equity

David Buddy Orange, Vice President of Human & Organizational Development, California Primary Care Association

Jessica King, MPH, RDN, Associate Director, Health Education, Northeast Valley Health Corporation

Please join us in this session where CPCA will be providing an overview on their approach to addressing equity in CHCs while highlighting the contribution of CHWs. We will also provide resources and training tools that can help your organization advance race equity conversations to mitigate health disparities. Lastly, we will have TBD, CHC present on how they've initiated this work at their CHC.

[Workshop 11 - Click here to view video](#)

WORKSHOP 12: Critical Social Justice in Times of Racial Pandemic: Asian Americans Rising Up, Speaking Out, Staying Strong

Matthew R. Mock, PhD, Independent Practice, Berkeley California & Professor of Psychology, John F. Kennedy School of Psychology, National University, Pleasant Hill, California

The global pandemic in current context has further exposed the virus of racism and xenophobia against Asians and Asian Americans. These relational forms of inequities, discrimination and trauma is not new but historical. There will be a revisiting of these ongoing injustices including their impact on the wellness of multicultural communities including AAPs. Most importantly, social movements and relational practices, including those by psychologists, to confront and heal from the "virus" of xenophobia will be presented. Our own personal resilience as psychotherapists, as "soul healers" will be discussed.

[Workshop 12 - Click to view video](#)

HELD: Friday, June 11, 2021, cont.

12:30pm – 1:45pm

Workshops Session(s)

WORKSHOP 13: Sensing, Feeling, Thinking, and Experiencing: Our way into Wellness in Action

Patricia Rojas-Zambrano, Program Director of Wellness in Action, Center for Empowering Refugees and Immigrants

Milene Monteiro, MA, Equity, Inclusion and Diversity communication consultant

Adriana Beltrame Dos Santos Keller, Outreach Worker, Center for Empowering Refugees and Immigrants

This experiential workshop invites participants into liberatory practices for increasing diversity and inclusion in community mental health, through a decolonizing lens. Using storytelling, somatics, and expressive arts we cultivate embodied co-learning for wellness and healing, centering the experiences and needs of diverse communities that transcend tokenism and honor relational and ancestral wisdom.

[Workshop 13 - Click to view video](#)

WORKSHOP 14: *This session will be in Spanish, translated in English*

METAMORFOSIS: La Transformación de los Proveedores Clínicos hacia las Pláticas, el Personalismo y el Empoderamiento

Dulce J. Lopez, PsyD, Founder of METAMORFOSIS: Thru Love

Este entrenamiento introducirá a los proveedores clínicos como utilizar las pláticas, el personalismo, y el empoderamiento para los clientes Latinx y sus familias. Los participantes aprenderán los beneficios de las pláticas, el personalismo y el empoderamiento como herramientas para apoyar el tratamiento de las familias servidas. Este entrenamiento/taller será conducido en español porque es la lengua primaria de los clientes servidos. Solo para recalcar, que la expectativa es que los proveedores clínicos bilingües proporcionen servicios en español con pocas/ningunos entrenamientos en el idioma.

METAMORFOSIS: Transforming Clinical Providers towards Talks, Personalism and Empowerment

Dulce J. Lopez, PsyD, Founder of METAMORFOSIS: Thru Love

This training will introduce clinical providers to the use of Talks/Pláticas, Personalism/Personalismo, and Empowerment/Empoderamiento for Latinx clients and their families. Participants will learn the benefits of talks, personalism and empowerment as tools to support the treatment of families served, engagement and retention. This training/workshop will be conducted in Spanish because it is the primary language of the clients served. Just to emphasize, that the expectation is for bilingual clinical providers to offer Spanish-language services with few/no trainings in Spanish.

1:50pm – 2:00pm

Closing

Svet Johnson, PsyD, MA, MFT, Behavioral Health Director, Ventura County Health Care Agency Behavioral Health Department

[General Session Day 2: Closing - Click to view video](#)



California Health Equity Summit Committees

California Health Equity Committee

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continued

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Resources

[Queer Women Of Color Film Festival - QWOCCMAP](#) *QWOC: Free Film Series*

6.11.21 [Opening Night Screening FORGING TRADITIONS](#) - 2021 17th Annual San Francisco International Queer Women of Color Film Festival (qwocmap.org)

6.12.21 [Centerpiece Screening LOVE THAT ENDURES](#) - 2021 17th Annual San Francisco International Queer Women of Color Film Festival (qwocmap.org)

6.13.21 [Closing Night Screening DIVINING HOME](#) - 2021 17th Annual San Francisco International Queer Women of Color Film Festival (qwocmap.org)

[Frameline Film Festival](#)

Ethnic Service Managers Special Recognition

The California Health Equity Summit Planning Committee extends its appreciation to all the County Ethnic Services Managers (ESM's) in the State of California. The following dedicated individuals have instilled the State's vision of providing culturally competent services across California.

| | | | |
|-------------------------------|---|---------------------------------|---|
| Javarré Wilson | Alameda County BHCS | Bijan Amirshahi | Orange County Health Care Agency, Behavioral Health Training Services, Navigation, Innovation, and Training |
| Gail St. James | Alpine County | Julia Soto | Placer County Behavioral Health |
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| Nancy Del Real | Imperial County Behavioral Health | Martha Aguilar | Santa Cruz County BH Services |
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| Katie Arnst | Kings County BH | Tracie Lima | Siskiyou County Health and Human Services Agency |
| Maria Gonzalez | Kings County BH | Eugene Durrah | Solano County Behavioral Health Division |
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| Ambar Mojica | Madera County Behavioral Health | Leah Tallchief | Sutter-Yuba BH |
| Missie Rhinehart | Madera County Behavioral Health | Rimmi Hundal | Tri-Cities Mental Health |
| Jennifer Moore | Marin County Behavioral Health and Recovery Services | Torri Cardilino | Trinity County Behavioral Health Services |
| Sheila Baker | Mariposa County BH | Yesenia Lemus | Tulare County |
| Karen Lovato | Mendocino County BH & Recovery Services | Donna Fone | Tuolumne County BH |
| Sharon Jones | Merced County BH and Recovery Services | Michelle Carlson | Tuolumne County BH |
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| Kasandra Montes | Mono County Behavioral health | Tessa Smith | Yolo County Health and Human Services Agency |
| Dana Edgull | Monterey County Health Department, BH Bureau | | |
| Felix Bedolla | Napa County Health & Human Services, Mental Health Division | | |
| Yvonne Foley-Trumbo | Nevada County Behavioral Health | | |



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